

smart

A SMART goal is an effective goal.

GOAL (Rough Draft) _____

SPECIFIC <ul style="list-style-type: none">• What do you want to do?• Why do you want to do it?• What are the limitations?	
MEASURABLE <ul style="list-style-type: none">• How will you measure your progress?• How will you know when you have accomplished what you set out to do?	
ATTAINABLE <ul style="list-style-type: none">• How can this be accomplished?• What steps do you need to take?	
RELEVANT <ul style="list-style-type: none">• Is this endeavor worthwhile?• Do I have the time and resources necessary?	
TIME-BOUND <ul style="list-style-type: none">• How long will it take?• What is the completion date?	

S.M.A.R.T. GOAL _____
